

## WHAT IS GERD?

Gastroesophageal reflux disease (GERD) is a chronic condition caused by changes in the gastroesophageal valve that allows acid to flow back from the stomach into the esophagus. Symptoms include a burning sensation in the chest, regurgitation of food or sour liquid and difficulty swallowing. Treatment for GERD varies according to the severity of the symptoms and the individual. Many GERD sufferers can benefit from anti-reflux surgery. South Coast Global Medical Center offers the Transoral Incisionless Fundoplication (TIF) procedure as a way to treat GERD.

## WHAT IS TIF?



Differences between TIF and conventional surgery include:

- **Incisionless Approach:** TIF does not require any incisions, which means less discomfort, faster recovery, and no abdominal incisions.
- **No Dissection:** Laparoscopic surgery requires dissection, increasing the risk of complications and adhesions, and recovery time.
- **Strong Safety Profile:** Over 25,000 patients have been treated with fewer adverse events and complications than conventional anti-reflux surgery.\*
- **Clinically Proven:** 81% of people are completely off of daily PPI medications and less than 3% experience gas bloat and dysphasia after the TIF procedure.\*

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South Coast Global Medical Center

South Coast Global Medical Center's 178-bed acute care facility offers a small community atmosphere, while providing each patient with the highest caliber of healthcare services. The Heartburn and Reflux Relief Center is our program to help those affected by GERD and similar chronic conditions. We accept many health insurance policies; for a full list, please visit our website or call our Admitting Department directly at (714) 754.5557.



**Heartburn & Reflux  
RELIEF CENTER**

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The TIF procedure may not be appropriate for your condition and results may vary. Talk to your doctor about benefits and risks. This message is co-funded by EndoGastric Solutions.

\*For a full list of references and more information, please visit the main website for EndoGastric Solutions here:  
[www.endogastricsolutions.com/data/](http://www.endogastricsolutions.com/data/)

